



### **Flax Seed Bread Recipe (Bread Maker)**

**Prep Time:** 10 minutes

**Bake Time:** Varies based on bread machine

**Makes:** 1 loaf

**Recipe Difficulty:** Easy

#### **Ingredients**

- 1 1/3 cups of water
- 2 tbsp of butter
- 3 tbsp of honey
- 1 1/2 cups of white bread flour
- 1 1/3 cups of whole wheat flour
- 1/2 cup of flax seeds
- 1 1/2 tsp salt
- 1 tsp bread machine yeast

#### **Directions:**

1. Select the program/cycle on your bread machine for a loaf of Basic White bread
2. Add the ingredients according to the manufacturer's directions for your bread machine. Best practice is to add liquids first, then dry, then yeast last.

Recipe derived from <https://www.robinhood.ca/En/Recipes/Flax-Seed-Bread#prepare>